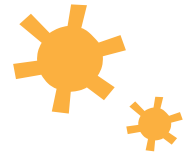


**Get Moving** *healthy kids.....healthy futures*

**Pros and Cons Activity**

**Please take a minute** to list the pros/cons that you think affect children with intellectual and developmental disabilities (I/DD) for engaging in physical activity:



Pros

Cons

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**Now, take a minute** and list some of the barriers to supporting children with I/DD in exercising:

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